



Keyworth News

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Community News and Business Guide

INCORPORATING THE PARISH COUNCIL DIARY

Nov
2021

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A message from the Keyworth News owner, Mark Corbett

What a time in history! We seem to be jumping from one crisis to another. I was very relieved everything didn't go all Mad Max at the petrol pumps! Here in Keyworth our community seems able to just keep calm and carry on. Plans for Keyworth Show 2022 are well underway; our resident bard, Brian, entertains us in the Square; and, not least, our Hedgehogs continue to be very well served.

The Keyworth News is proud to serve such a brilliant village and community.

Remember, remember the Fifth of November, The Gunpowder Treason and Plot, I know of no reason, Why the Gunpowder Treason Should ever be forgot.

Bonfire night is always one of my favourite nights of the year, the sounds, the smells and not forgetting the toffee apples! Happy Bonfire Night.



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Volunteers Needed

The Keyworth Community
Christmas Day Lunch will be taking
place this year at the Village Hall
and we are looking for volunteers to
help on the day. If you think you can
assist, please get in touch with me.

Thank you

ShelleyMillband
s.milliband@icloud.com

South Wold's Eco Club

After an extremely tough year on us all, bonfire night is the perfect fun and outdoor celebration to take part in. However even during this time we need to make sure that we take consideration of the environment.



How to have a more eco-friendly bonfire night...

We especially need to take care when building our bonfires, ensuring that the materials we are using aren't causing unnecessary harm to us but also to the environment. For instance, burning painted wood can release toxic fumes into the atmosphere, this could not only possibly harm you and others around you, but it also breaks one of the environmental laws. If you are going to make a bonfire, the best material to burn is dry wood, this won't cause too much smoke, releases the least harmful gases and the carbon dioxide that is released was taken in by the wood when it was part of a tree.



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10 am – 2 pm

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Admission £1 (child accompanied by adult – free)

Stalls with seasonal items and gifts for Christmas

Proceeds in aid of Keyworth Methodist Church Funds

Keyworth Tennis Club

Nottinghamshire league placings



Keyworth ladies finished the summer league 3rd out of 7 in the division 1 league table and so will remain in the top flight in summer 2022. The last few matches were a mix of results, but the standard of tennis throughout was excellent. The team narrowly beat Southwell 7-5, drew 6-6 against David Lloyd West Bridgford, and then lost 3-9 at eventual champions Burton Joyce in the final game. A particular highlight was a fabulous evening of tennis and brilliant hospitality at David Lloyd West Bridgford. The matches were incredibly close, with some really close-fought matches involving Keyworth's 2nd pair Danielle Wells and Amanda Gunther. The end of summer evening sky and curry and chips tea made it a really great social occasion after a compelling contest!

The mixed 1st team had great wins against Mansfield and Grantham to complete the season and stay safe in division 4 for another year. The mixed 2nds, though, finish bottom of division 2 this year so will be relegated. The men's doubles team remain in division 3.

Winter league matches start soon after a short break.

Hat-trick for Sandy Drummond after delayed finals

The last matches of the Club Championships have also been completed after being delayed from official Finals Day. In the ladies singles Sandy Drummond beat Karen Monk before the pair won the ladies doubles final against Danielle Wells and Amanda Gunther. That made it a triple win for Sandy following the mixed doubles success with Sam Jones played on Finals Day.

Coaching

For the latest information on junior and adult coaching sessions contact Tom Campsall on 07756 017775 or email him at tomcampsall@gmail.com – or check out the website

<https://clubspark.lta.org.uk/KeyworthDistrictLawnTennisClub/>

Facebook: <https://www.facebook.com/KTCtennis/>

Booking a court

One court is normally available for non-members to use at current rates. See the website & email one of the committee with a forward request if you'd like to play.



Karen Monk and Sandy Drummond, ladies' doubles winners in Keyworth's 2021 club competition.



Stargazing tennis at West Bridgford as Keyworth and David Lloyd ladies drew 6-6.

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Total Performance Physio Clinics is based at The Key Health Club and Aspire4fitness in Keyworth. The clinic offers extensive experience in treating Musculoskeletal, Orthopaedic and Sports Injuries. Clinical Director, Gemma Richards, and senior physiotherapist, Jenny Burnett, have over 21 years combined experience working in the NHS, private practice and elite sport and have a specialist interest in Sports Injury Rehabilitation.

The clinic prides themselves on offering complete patient-centered care providing the time needed to ensure all aspects of the patient's treatment journey is catered for.

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2022 Keyworth Quiz News

It seems that people are happy for us to run the Quiz in the usual format so we have already sent out reminders to previous entrants to take part in the 2022 event. We love to have new teams taking part so if you want to create a new team you will need four people who can be friends, colleagues or family.

The 2022 Quiz will be held on seven Monday evenings from January 24th to March 21st (dates are 24/1, 31/1, 7/2, 21/2, 28/2, 14/3 and 21/3).

The Quiz has been a village fixture since 1976 and each year attracts 25-30 teams and provides a fun challenge and several evenings of free entertainment for the regular 100+ audience. Each week sees four matches starring a wide selection of Keyworth's community groups, businesses, schools or groups of friends leading up to the final's night in March.

The Quiz is sponsored by the Parish Council, and more information can be found on the Council website - see <https://www.keyworthparishcouncil.org/keyworth-quiz.html>.

As Quiz organisers our remit is to make the quiz fun, and our audiences can vouch for the entertainment value. For more information contact us at keyworthquiz@hotmail.co.uk, and we will send you details of the format.

Paul Turner and John Spafford.

Dear Editor

October's letter relating to one thoughtless dog-owner leads me to ask whether it would be possible for a small area within the village - perhaps the Rectory Field? - to be designated 'dog-free' so that those who don't like constantly having to watch their step, or being barked at, sniffed at, or jumped up at by a dog 'that only wants to be friendly' can enjoy an open space with the same freedom that dog-owners currently enjoy.

Peter Curtis

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Keyworth Scouts Turkey Trot

38th Turkey Trot 2021 Half Marathon
10.30am Sunday 12th December 2021
Keyworth's Largest Annual Sporting Event
Raising Funds for 1st Keyworth Scout Group



The Turkey Trot Half Marathon will go ahead this year (covid rules permitting). Online entries opened on the morning of 11th October. Hopefully local runners will have seen local entry forms in the Leisure Centre. We hope you are as excited as we are to see the race back on and we look forward to welcoming you to another successful half marathon. We have been fortunate to have a willing team of marshals to aid the safe organisation of this race in the past. If you want to join as a marshal for the first time and be a part of this fantastic event please get in touch through marshal@turkeytrot.org.uk.

The organisers would like to thank the residents of Keyworth for their continued patience and support as well as the army of volunteers who turn out every December to make this such a great event.

If you need further information regarding the event please contact us by e-mail at info@turkeytrot.org.uk or visit the website www.turkeytrot.org.uk.

Stella Rees

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Keyworth Primary & Nursery School



We are Little People and we have BIG DREAMS!



This year we decided that, as a whole school, we wanted to learn more about inspirational people who have achieved incredible things during their lifetimes. Using the Little People, Big Dreams biography series as inspiration, each class has taken on a special person who they will learn about and share with our school community across the year. To start the year off, our Year 3/4 Class performed the most incredible assembly about their special person...Rosa Parks. They spoke confidently and proudly about her amazing bravery and achievements and reminded us that **“You must never be fearful about what you are doing when it is right.”**

A huge well done to Parks Class for sharing your knowledge about Rosa Parks with us- we thoroughly enjoyed it.

If anyone in our local community have any Little People, Big Dreams books at home you no longer read, we would love to have them for our school library. Please bring them to the school office. Thank you.

★ Doodle STARS! ★

At KPNS we use Doodlemaths and Doodlespell to consolidate and embed what we are learning at school, at home. All our children across school work super hard to earn their stars each week but some children deserve an extra special- Keyworth News- mention. Over the Summer they took on a special doodle challenge where they had to earn between 600 and 750 stars to win a unique doodle pin badge and certificate. It is not easy to keep up with homework during the holidays, but these children showed commitment and resilience to do it and we are very proud of you. Well done to: Megan (Y3), Yahia (Y5), Max (Y2), Grace (Y6), Annabel (Y6), Scarlet (Y6), Archie (Y2), Hugo (Y1), Oliver (Y1), Freda (Y6), Baillie (Y4), Arlo (Y1) and Imogen (Y3).



holidays,

Surely writing shouldn't be this delicious?!



In Lovelace Class, the children in Mrs O'Connor's literacy group have been having a great time with their class text, 'The Marvellous Fluffy Squishy Itty Bitty', which links to their local area topic. They've been discussing different shops in the **village** and had an immersive experience day for a bakery.

As well as watching videos of bakeries in Paris, they used their five **senses** to describe a selection of treats from one of our local bakeries – they even got to taste some! This generated lots of scrumptious **vocabulary** that the children then used in their writing. A writing lesson based around cake- you can't get better than that! Yum! Yum! Well done Y2!





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A Letter from a Hedgehog

Dear residents of Keyworth,

I am writing this letter as myself and family are in need of your help. No! I am not asking for money or your time what I am asking for will cost you nothing. How often do you get something for nothing? In return I will help you keep your gardens free of bugs, grubs, snails, spiders and other things that make a mess of your vegetables and flowers or just give you the screaming ab dabs when you see them. I will do this in the most environmentally friendly way possible, the natural way. I will do this at night and so quietly you will not know I am there. So what do I require of you? Simply a hole thirteen centimetres in diameter at the base of your fence. If you can't do that yourself I have friends in Keyworth who will do it for you. As I said there will be no charge the service is free. There are no strings attached.

Oh! Dear! I had better introduce myself. I am a hedgehog. One of the oldest mammals still alive on earth. My kind have been around for fifteen million years humans have only been around for one million years so, in a way, I am not a stranger in your world you are a stranger in mine. At first we lived together in peace and harmony but as time passed everything increased in your favour and decreased in mine, especially over the last fifty years. You may never have seen members of my family unless as a squashed flat mess in the middle of the road, especially in a country lane. In a car and hedgehog fight it is always the car that wins. That is not the only problem. More and more buildings going up mean less and less room for my little house. I appreciate that you want your home but please do not lose sight of the fact that I and my family need a home too. You like to travel around and so do we but it is difficult for us if someone has but a high fence across a path that we used to walk down frequently. More especially if the fence has a concrete gravel board at the base of it. This problem can be resolved quickly, easily and, as I said, at no cost to you. So! How about it. Will you help me and my family here in Keyworth? We are all Keyworth residents after all. Of course you have the right to ignore this completely and do nothing. On the other hand you could help by letting me access your garden easily. Remember it will benefit you and your family as well as my family and I. Just imagine the pleasure it would give you and your children to see me at dusk trundle up and nibble those nice little, meaty cat biscuits you so kindly put out in a shallow dish along with a little bowl of water for me.

Please let me thank you in advance for your help to me and my family. If you feel you can't help then at least tell your friends and neighbours about this letter.

Yours with grateful thanks,

Mr. and Mrs. H. Hog and family.



Wild Things Keyworth

Have you heard?



There is a national effort going on right now to open up holes/gaps/doorways/passageways/ walkways for hedgehogs. To survive and thrive they need a variety of gardens to feed, nest and meet mates but human-made barriers are stopping them, dead.

We are in the midst of a massive decline in hedgehog numbers nationally, but people are slowly realising and opening up, remembering them and making provision. A simple change to access, replicated throughout the country will help build back numbers.

They are hugely important to humans as they are an indicator species. Their presence or scarcity impacts on wider nature. They are like a barometer for how well we are dealing with climate change.

We are very lucky to have a population of hogs in the village and we need to help and sustain them now and for future generations. To do that we need to give them options for access. A viable hedgehog community needs the space of three 18 hole golf courses. Your garden could be vital for their survival or mean they're less likely to wander into roads.

If you have concrete or wooden based fencing that goes to the ground, or a garden wall or gate and you wonder if your garden is hedgehog friendly or not, then we can help.

A fence clearance of 13cm is recommended by the British Hedgehog Preservation Society to accommodate all size hogs.

If you know of anyone having fencing erected, remember firstly that hedgerow is the natural habitat of hedgehogs and is therefore hugely valued as home. If you can't have both for any reason, please ask for three panels with pre-holed gaps for hedgehogs, one located either side of the garden and one at the foot. Most companies can do this at the time of installation but you have to know this is possible, to pre-order.

The WTK retro-fitting gap making service is free to all Keyworth villagers but how good if we could all pull in a similar direction?

Keyworth is a hedgehog village, people are looking out for them here and this is a legacy we can be proud to be a part of. Opening up gaps is the single biggest thing we can do according to the BHPS and second to that is going organic in the garden.

Be part of the Keyworth Hedgehog Highway and inspire others. Their happy future is also part of ours. Please send us photos of any change, we'll post on the WTK page.

H.O.G. (Help Open Gaps)

Email: wildthingskeyworth@gmail.com

fb.me/wildthingskeyworth

Wild Things Keyworth

Thanks from all the hogs.

Winner of Liz Waddell Hedgehog mask colouring competition:
Alistair.

Liz said: "It was great to see how much effort had gone into colouring the hedgehog masks. I loved the way some were realistic and others were so bright and imaginative, particularly the winner."



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Keyworth & District u3a



Autumn is upon us but as I write my November offering, in early October it feels more like summer!

On the 9th of October three committee members, including myself handed out leaflets and chatted with as many people as possible with a view to raising awareness of 'our' u3a. We were in the Square and the sun was shining on a really beautiful morning and a rewarding one, to boot!

With over 500 members currently in our ranks it is good to know that there is still potential for new people to benefit from OUR local u3a. especially as more and more groups are getting back into their normal stride. Please pop Keyworth u3a in your laptop, mobile phone or tablet and the brilliant website will have all the information you need to see what is available.

I recommend potential new members come along at 2pm to a monthly meeting at the Methodist Hall, have a hot drink and the odd biscuit or three followed by a talk. On November 23rd that starts at 2.30pm. There is no pressure to join but our membership secretary, Jennifer will happily go through the process with you. You can also have a 'taster' of a group get together by joining a group of your choice once without any commitment. All we want is for everyone to feel comfortable and welcome. You can have lunch, learn a language, go cycling or walking or sing to your hearts content at Singing for Fun! There are over 30 groups to choose from.

Were you to join and learn, laugh and live, among friends then we have achieved our goal!

Sue O'Donoghue.

Keyworth & Ruddington Inner Wheel Club



The Club's September meeting was a huge success. Our first proper meeting since February 2020. We were very pleased to welcome Terry Rodgers and Charlie, Ambassadors from Guide Dogs for the Blind. Terry had already given the Club a wonderful talk earlier this year on Zoom but with the help of his fabulous guide dog, Charlie, he was able to expand on the miracles that Charlie had been taught to perform.

Terry stressed that he himself had also had to have intensive training before he was matched up with Charlie. Charlie a beautiful four year old black Labrador went through his paces very happily and obviously played to his audience. At the end of his talk, Diana and Sharon our joint presidents were very pleased to be able to present Terry and Charlie with a cheque for £1,000.00.. Notwithstanding that the Club had only very briefly met up during the several lockdowns, our members in their own inimitable way had managed to raise these monies during the year. Terry was so grateful and assured us that the money will be used in this area.



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Royal Air Forces Association

The Battle of Britain Tournament



The Keyworth Tennis Club, in collaboration with the RAFA, held the 13th annual match and meal Battle of Britain Tournament on Wednesday, 29th September. Eight members were divided into two teams, the RAF and the Luftwaffe and then into doubles partners. Four rounds were played with certain restrictions in force on the last two rounds. At the end of each round the games won were recorded and at the end of the fourth round the result was - a win for the Luftwaffe – 23 games to 19. The top scoring pair was presented with the Top Gun trophy, the second pair was given the Top Wingmen Trophy and the pair with the lowest score was awarded the Tail-end-Charlies trophy.

Everyone then sat down to a hot meal with the table set as in an RAF Officers' mess. The traditional menu, that has remained the same for all the years the event has been held, was – sausages, mashed potatoes and peas followed by pineapple and ice cream. The meal ended with a loyal toast to the Queen.

Many thanks go to John Stansfield (ex RAF) who organised the event and Steve Jones who was responsible for all of the catering.



Tail-end Charlies

Matt Holmes Paul Richardson



Top Guns

Danielle Welles James Bell



Top Wingmen

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We are looking for someone to join our team (the committee) to fill a vacancy that has arisen. We usually meet once a month from January up to Show Day. In 2022 this will be Saturday 2nd July (same as the Keyworth Show). Meetings are held at one of the team's homes, usually on weekdays during the evening, and are very relaxed and informal. We usually have a cuppa and biscuits, and sometimes we taste the results of one of the recipes for the Show.

If you are interested in joining us then please email me (Barry) at keyworth.hortshow@gmail.com or by phone on 0115 937 3610.



BRANCH & BLOOM

A Monthly Newsletter by Branch & Bloom Gardening

Autumn Reflections

As gardeners, we are often elbow deep in mud and afterwards, with aching joints, we sit drinking our well-earned cuppa and reflect on what we have achieved. We make no apologies for being passionate about the benefits of gardening on our physical and mental wellbeing, but at the same time we are also aware that, gardeners or not, just spending time outside in nature can give us valuable time to reflect and restore our minds through being in touch with the world around us.

Reflection provides the brain with an opportunity to stop and untangle those thoughts that are bouncing around our minds. Many of us are juggling lots of responsibilities which can become overwhelming, thus making it more important than ever to take time out for ourselves. With this in mind, we were delighted that at the end of September we were able to create the Peace Garden on behalf of Keyworth Parish Council, situated just inside the Memorial Gates on the Rectory Field. We designed the garden with reflection in mind, and we hope that people can sit and not only reflect on loved ones lost, but also catch up with friends and relax and refresh their minds together.

The garden was built on a challenging shady site with existing trees surrounding it, which provide a great backdrop for the rest of the garden. Green has been used as the dominant colour, not only to replicate the surroundings, but also being used as part of an emotionally calming palette, providing a sense of refreshment and harmony throughout the space. This is complemented by using white, cream and bronze to give contrast and bring brightness to shady areas.

Despite the weather, we really enjoyed meeting the people who stopped to chat, and of course all their lovely dogs! Thanks also goes to Shaun and Eden from Gardens of Eden Landscapes who skillfully carried out the hard landscaping, and who were also occasionally called upon to rescue us by digging a few large holes in baked solid ground!

Do go along and visit and take some time out for yourself!

Amanda & Nicola

GARDEN JOBS FOR NOVEMBER

- Plant tulip bulbs in pots and borders.
- Lift dahlia tubers after the first frost, clean and store in a cool, frost-free place.
- Protect tender plants such as agapanthus with a thick mulch if you intend leaving them outside.
- Mulch around alpines with gravel to prevent rotting.
- Prune and take hardwood cuttings from currants, blueberries and gooseberries.
- Plant garlic, shallots and onions in free-draining soil.
- Bring potted herbs indoors to continue cropping into winter
- Spray houseplants with water to combat the drying effects of central heating.

What to look out for this month...

- The Red Admiral is often the last butterfly to be seen as they don't necessarily hibernate, becoming active on any warm days throughout the year.
- Large numbers of blackbirds arrive in the UK from Scandinavia and Eastern Europe to winter in the UK.
- Birds feast on berries at this time of year and song thrushes and blackbirds become more noticeable on lawns looking for worms and fallen fruit.
- A great activity for all the family is feeding the ducks, but bread is not the best food for them. Healthier options include grains, peas and chopped greens.
- Save your sunflower seeds as they attract the widest range of birds including blue and great tits plus all the finch species.
- As longer nights, falling temperatures, and waning food supplies encourage hedgehogs to hibernate, take extra care when turning compost heaps and lighting bonfires.
- Woodpigeons are among the few birds that can be identified by the sound of their flapping wings in the trees and they are also able to breed in any month. They drink water from open places like bird baths and unlike other garden birds, who scoop up water and fling their heads back, they suck up the water using their beak as a straw.



connect with us on Facebook and Instagram
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Email : branchandbloomgardening@gmail.com

In aid of the Keyworth Community Garden

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TUESDAY 23 NOVEMBER 2021
6.30-9.30 PM

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Please get in touch with Amanda & Nicola for more information

FACEBOOK AND INSTAGRAM
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South Notts Shotokan Karate Club Club Grading

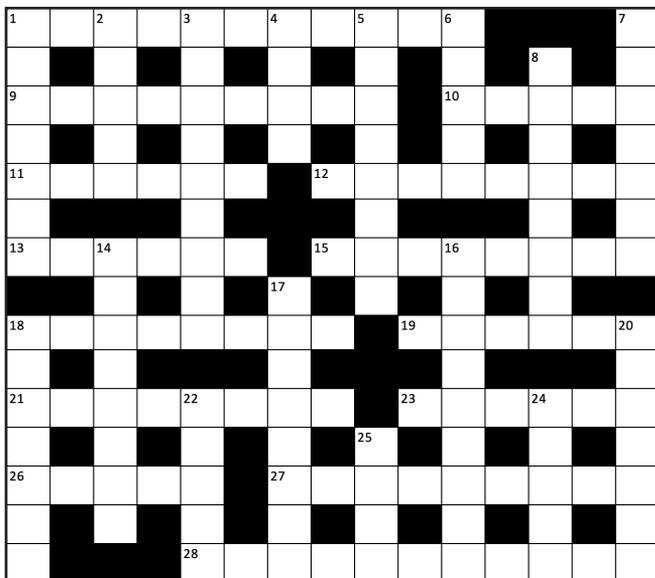
The club's first grading in over a year was a tremendous success for everyone involved recently. Ordinarily the club holds gradings every quarter but for obvious reasons this has not been possible over the last 18 months. The most recent previous event was last summer when military precision was necessary to ensure examinees were assessed safely in carefully timed waves in the great outdoors. However on this occasion a tentative first step back to 'normality' was cautiously taken with the grading taking place indoors in a large well ventilated sports hall. Numbers were nonetheless capped to ensure reasonable space in the dojo, but the levels of energy, vim and vigour were limitless!

The club's external grading examiner Sensei Frank Brennan 8th dan delivered a brilliant training session focusing on the minutiae of the grading syllabus - for many this was the first 'no holds barred' training since March 2020 accordingly the experience was tough and uplifting in equal measure! All at the club look forward to being able to return to the quarterly grading cycle which will mean another opportunity for formal progress before the year is out.

Congratulations to all those members who were promoted to the next coloured belt.

The club is running taster classes on Sunday mornings at South Wolds School, Keyworth. Adults, young people and children (min 6yrs) keen to learn may contact the club on 07811 819221.

Keyword News Crossword 293 by Campana



Congratulations to last months winner



Answers to last month on back page

Across

1. Olympic sport for small teams of girls swimming in the pool. (11)
9. Return Sid roughly – he and his like weren't invited! (9)
10. Ways to an Aegean Isle apparently! (5)
11. Growths similar to a mountain goat but one bowled out for 50! (6)
12. Military line up before you get on training in control for horses and riders. (8)
13. Spiritual knowledge when backward melody is followed. (6)
15. Actually, when swimmers do this they go really fast! (8)
18. Two points led to Mediterranean island for daughter hidden there. (8)
19. A very special mark – Saint Francis of Assisi had one. (6)
21. The run started here, but it's a long way from Athens! (7)
23. A soft ribbed garment for ladies watching the events of the French Revolution! (6)
26. Fishermen and needlewomen need these. (5)
27. Bring in the start of the music for Mussolini. (9)
28. Being one of these could lead to a visit to the dentist! (11)

Down

1. Robin, Chay and even Philip loved doing this. (7)
2. Interchange for saltpetre. (5)
3. A lady who is married to her home? (9)
4. It seems some cows went to one of the best university! (4)
5. More certain within in the south? They'd guarantee it!
6. Hear fifty speeches by men in the House of Lords.
7. Savings made by birds in their home with their young one! (4,3)
8. Watersportsman could use a seal-skin boat to do this. (8)
14. It happened that the officer before the scruffy dog saw crimson! (8)
16. Sport in which players would be in the pool rather than on horseback. (5,4)
17. Strangely rein pole like a hare! (8)
18. A Japanese nobleman would have had one or more of these in feudal times. (7)
20. All nations have one of these to play at ceremonies. (7)
22. I can't ask someone to carry these burdens. (5)
24. One of these would equal one of 6. (5)
25. Useful for altering corrections to return to the original. (4)

Name: _____ Address: _____

Entries to 7A Dale Road, Keyworth or email to editor@keyworthnews.com by the 12th of the month

KEYWORTH CONSERVATION AREA ADVISORY GROUP

Greetings,

Thank you to all of you who contributed to and/or expressed an interest in the HODs 2021 festival in Keyworth, when George Martyn's Barn and Home Farm Barn (both Grade II Listed) were opened to the public together for the first time. Attaching the report of the events which I hope you will find to be of interest. Please confirm that you would like to receive information about future events in George Martyn's Barn, which we hope to open to the public in the future, as the coronavirus restrictions are lifted.

2021 HODS REPORT

HODs "Edible England" Festival: [Heritage Open Days 10/9/2021 –19/9/2021](#)

Displays in both historic barns, open together for the first time
registered independently,

GMB registered by SMB for CAAG, HFB registered by Graham Tinsley.

Open to the public

2 – 5 pm Saturday 11th September 2021 and

2 – 5 pm Saturday 11th September 2021

[HOME FARM BARN: Display of barn restoration by Graham & Pippa Tinsley; Agricultural Development;](#)

[GEORGE MARTYN'S BARN: The Mediaeval Year; Food and Medicine in the 17th century; Mills and Milling; bookstall](#)

The theme of "Edible England" caught our collective imaginations and we presented aspects of 17th century food, medicine and their production in both threshing barns, with examples of bread, pottage, gruel, herbs and spices in George Martyn's Barn. The event was well attended and visitors were welcomed by CAAG members in 17th century dress. About 120 visitors attended.

We hoped to explain the processes of food production from 'field to plate' in the context of the historical time in which George Martyn's Barn was built (1651), during the unstable political times of the Interregnum, during the Civil Wars. Contributors included Andy Staples: "The Mediaeval Year"; Anne Rhodes (Newcastle's Foote Sealed Knot Society member): "17th century Medicine" - supporting displays added information for a modern audience.

Displays about agricultural development from the mediaeval period, the impact of the later Enclosures (here in 1799) and the local effects to the industrial revolution were touched upon.

"George Martyn's Barn - A History" available with KDLHS bookstall.

CAAG were pleased to receive 30 copies of "From Quern to Computer" from the Mills Archive as free "giveaways" for our HODs event, which supported the Milling displays which included "Keyworth Windmill" - Leigh White has previously donated a copy of his booklet proposed a reconstruction of Keyworth windmill to the Village

Archive; the detailed drawings he has created have been uploaded to Mills Archive record.

Leigh attended the event on Saturday 18th September and subsequently kindly donated his display materials to the Archive. The rolling screen of village archive images was also available throughout the opening times.

Publications:

Cards featuring George Martyn's Barn and several KDLHS publications were available, including:

"Keyworth the First Millennium 900- 1900" (1998) Rosalind Hammond

"Plants that changed History" (2001); David Charles

"The Natural History of Keyworth" (2017); David Charles

"Farm Animals of the East Midlands"(2018) David Charles

"Traditional Foods of the East Midlands" (2019) David Charles;

"Farms, Farming and Conservation in Keyworth 1800 – 2020" (2020) Margaret Wright;

"George Martyn's Barn – A History" (2021) SMB

email: enquiries@keyworthhistory.org.uk

or email: keywortharchivist@gmail.com.

KDLHS and CAAG publications are available when open to the public.

A Publications List available on request. Please contact

Sue McCabe or Dave Clarke 0115 937 7341.

Copies are also available from

The Bookcase 50 Main St, Lowdham, Notts NG14 7BE

tel:0115 966 4143; email orders to janestreeter@thebookcase.co.uk

Open Mon to Fri 10am – 5pm, Sat 10am – 1pm

Websites: www.thebookcase.co.uk www.nottinghambooks.co.uk

The Conservation Area Advisory Group (CAAG) are looking forward to opening GEORGE MARTYN'S BARN (one of our Grade II Listed Buildings) more frequently to the public in the future, as the restrictions are removed.

For further information, look out for items in Keyworth News or email the CAAG secretary, Sheila Barton: sheilakingdom@gmail.com if you wish to be added to our email circulation list.

CAAG September 2021

CONSERVATION AREA ADVISORY GROUP: Linda Abbey (Chair)
Keith Barton, Sheila Barton (Secretary), Daphne Butler (Treasurer), Dave Clarke (Archivist) Sue McCabe

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The Keyworth Memorial Walk for Cancer Research UK

Due to the ongoing uncertainty, we could not set a date in the summer, and with the nights rolling in, we have decided to cancel the walk for a second year.

As I write, the government are considering bringing in the army to deliver fuel, NHS waiting lists are at an all time high and the London Marathon is just under way with added safety precautions, having been moved from its usual date in April - this event is a big fundraiser for many charities, many of whom have been adversely affected during the pandemic.

The Keyworth Memorial Walk, normally held in late June/early July, is a totally inclusive 5km walk around the Regatta Lake at Holme Pierrepont and has developed into an annual community event, becoming part of the Keyworth calendar. It is a great opportunity for some fresh air, exercise, catch up with friends, push the pram or just walk the dog! In normal circumstances, we would be joined by staff, governors, children and parents at the school and the youth of Keyworth: 1st Keyworth Scouts (Beavers, Cubs and Explorers) and Keyworth Brownies & Guides. In recent years, we have also had members from 10th West Bridgford Guides and the Keyworth & District Footpaths Association. It is always lovely to see old and new faces from the wider community spend an hour or so reflecting on another year.

The walk was started by parents at Crossdale Drive Primary School in 2005 in memory of Moira Kelly. Many of you will not know Moira - she was diagnosed with breast cancer whilst pregnant and sadly died at the age of 40 after a brave fight. She was a practising nurse, wife to Steve Wong and mother to three young girls - Alice, Emily and Isabel. As well as walking, running and cycling around the lake, other ingenious modes of transport over the years have included scooters, rollerskates, skateboards, walking backwards, walking on crutches and wheelchairs. We have even had an unicyclist circumnavigate the lake. The walk raises awareness about cancer and allows children, as well as adults, the opportunity to show their support for those affected. It is important for our next generation to understand the big C and feel comfortable to talk about it, and understand how it affects family, friends and society at large.

Last year, as charities struggled for funding, we asked as part of your daily exercise routine, to incorporate a circuit around Keyworth, or a similar walk/cycle in your local area, keeping to current guidelines. If you were unable to leave your home, not to be left out, we suggested the 2.6 challenge, performing any activity based on the numbers 2 & 6, eg. you could bake 2x6 fairy cakes, do 26 push ups or skips, do yoga or just reflect for 2, 6 or 26 minutes! Further ideas at: www.twopointsixchallenge.co.uk

A huge thank you to the Keyworth Community and beyond for another fantastic effort - collectively you have helped raise £465.00 (including gift aid) since year. Many of you were at our first walk and have supported us every year. This simple event has raised over £12,000 since the start, in aid of Cancer Research UK, the world's leading charity dedicated to beating cancer through research. They are entirely funded by the public. Your donations help fund studies to find new ways to prevent and diagnose cancer and develop better treatments and improve survival rates. www.cancerresearchuk.org

This event is not just for Moira, but in support of all sufferers and carers affected by cancer, past or present. It acts as a focus for those who need time to reflect. You are not alone.

If you still wish to donate, you can still do so at: www.justgiving.com/16thmemorialwalk2020

KEEP SAFE. We hope to see you in 2022. Together we can make a difference.

Send your letters to Rachel, editor@keyworthnews.com
or drop a note to Mark and Xinhua at 7A Dale Rd.

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2425 (Nottingham Airport) Squadron Royal Air Force Air Cadets



In a further step towards normality in our activities, this month has seen us run our first Squadron camp since 2019. 21 Cadets attended a multi activity camp run by the Squadron to undertake a variety of training and fun activities. The risk of rain saw the cadets tents go up quick, together with a mess tent and communal shelters.

As soon as the camp was set up the Squadron paraded for the CO to brief the Cadets and as tradition dictates, make his field promotions. Temporarily promoting Cadets to the rank of corporal permits those senior cadets chosen to experience leading for the first time and evidence their capabilities to secure substantive promotions.

Split into three groups the cadets rotated around the activities on offer, learning how to build shelters and other fieldcraft skills. During the Saturday the cadets also took part in leadership and initiative exercises. Fuelled by an evening BBQ the cadets then settled down to an evening film in a makeshift cinema the staff had created by aligning two of the large gazebo tents.

Sunday dawned early with a sports session before a hearty cooked breakfast. This was followed by a camp and tent inspection by the CO, before more fieldcraft instruction, leadership exercises and archery.

All the events had been scored throughout the weekend and after the camp was struck the CO announced the results. Only the winning flight is normally treated to chocolate, but this with this being the first camp in such a long time, it was cake for all!

Fancy having a go? Contact us to find out more about the opportunities open to you with Royal Air Force Air Cadets.

Would you like to develop skills, leadership qualities and gain qualifications too? We are recruiting both cadets and adult staff so get in touch!

The ATC is a youth organisation open to both females and males aged 12 (in year 8) and over, up to a max of 17.

Adult staff can join us from aged 20.

To join please email adj.2425@aircadets.org

Check out what we have been doing on our Facebook and Instagram accounts.

We look forward to hearing from you.



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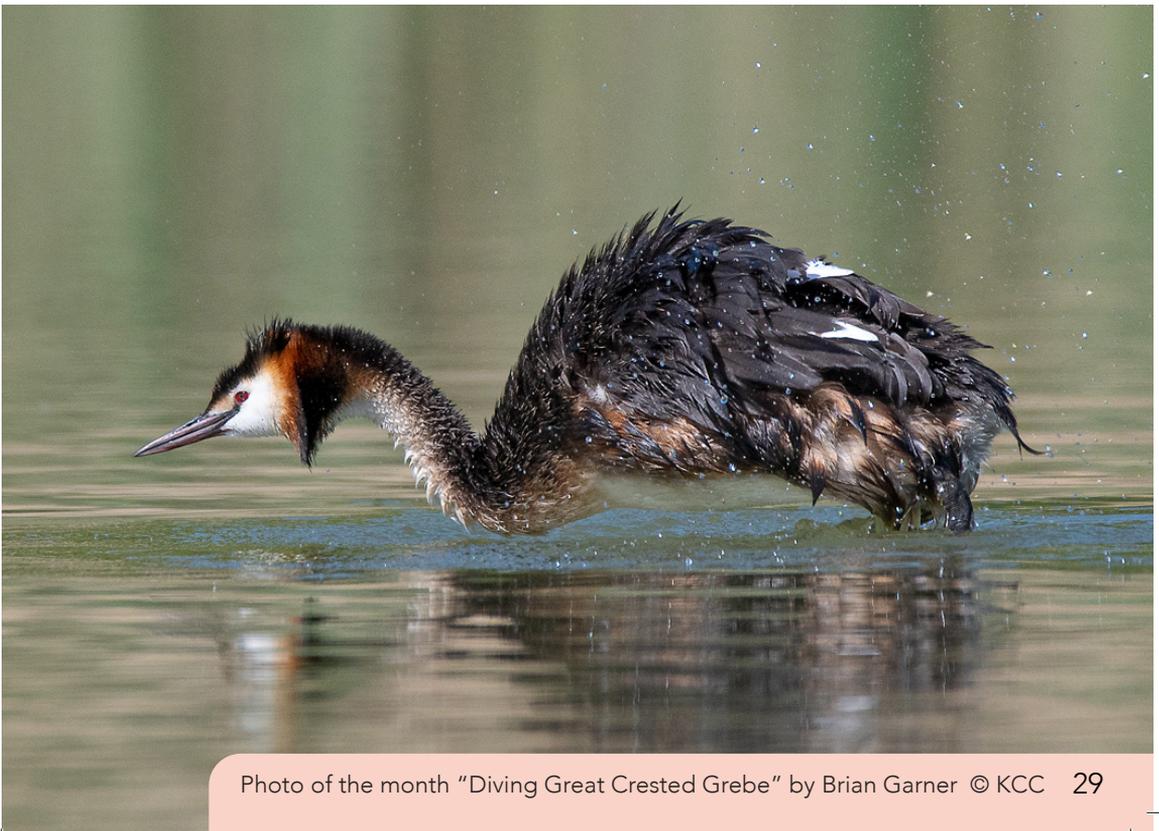
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Keyworth Camera Club

We are just two months into our programme for the 2021/22 season and members have already been treated to a wide range of speakers and members evenings. Two of our recent guest speakers stimulated much debate around the importance of taking photographs that you like rather than always being expected to produce prize winning images. This question of what constitutes a good image occupies members time in many camera clubs up and down the land. Our club always look to provide a mix of talks and activities to ensure that whatever your skill level or motivation to get out and about with your camera, there will be something to interest and inspire you. Yes, we do have competition nights, the first of which took place in the middle of October but equally we have members evenings where we share ideas and technique or offer expert advice on the appeal of images submitted by members of all abilities. We had the first such "Critique Night" at the beginning of October and it proved to be an evening of expert opinion coupled with laughter and enjoyment. We continue to make use of Zoom as it enables us to see and hear speakers from far flung places around the country who would not be available to us if we were meeting in person in our home at the Parochial Church Hall. However, as and when the Covid threat is deemed to be significantly reduced we shall be meeting up again together and our programme for the second half of the season, beginning in January 2022 has more local speakers to enable us to meet up again on our regular Thursday evening sessions. Despite the current Covid challenges we are pleased that our membership remains strong and we are pleased to welcome a number of new members this season. If you want to find out more about our club, its programme and other interesting facts, please do check out our web site keyworthcameraclub.org.uk





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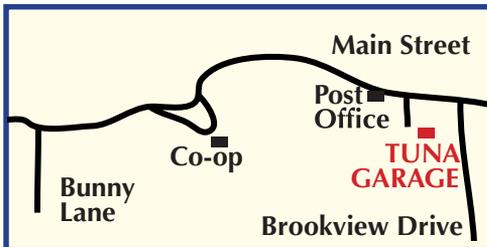


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Keyworth Women's Institute

We had our first meeting on Thursday 30th September; it was great to see so many of our members after 18 months. We celebrated the evening with a large cake made by Alice's Tea Shop. Brenda McClay demonstrated arranging flowers in a teacup, using tape instead of Oasis as flower arrangers are all encouraged to use natural materials now. Those of us who brought flowers followed her style, with varying degrees of success. The " Best in Show " was awarded to one of our new members. It's just a pity a booby prize wasn't given as I might have won that.

We love to have visitors and new members and be assured you don't have to make cakes or jam. Some of our members have never made a cake in their life.

Why not give our secretary a ring (Jo Daniel) 9373882.

Keyworth WI meeting 7.15 pm Centenary Lounge Thursday 25th November. Card making, Visitors welcome.

Rushcliffe Macmillan Cancer Support Fund Raising Group

A BIG thank you to everyone who supported our Biggest Coffee Morning (albeit in the afternoon!) back in September. We made the great sum of £425. It was lovely to see everyone enjoying themselves and knowing we were all helping the charity in our own way.

You will be able to catch up with us again at the craft fair in the Village Hall on November 20th and at the Methodist Church Christmas Tree Festival on December 18th and 19th.

If you have ideas for fundraising or would like to help us at events please get in touch, new members are always welcome

Contact Angela 9143450 or Sue 9374362

Application for Funding Process from The Keyworth Show 2021

The Keyworth Show Committee (KSC) are pleased to announce that, following the successful return of the Keyworth Show in 2021, limited funds are available for distribution. With this, we will be able to provide donations to a range of groups and worthy good causes within our community.

The Guidelines and Application Process Form will be made available to view and download from our website at www.keyworthshow.com or alternatively email chair.keyworthshow@gmail.com to obtain a copy. The closing date for application returns will be mid-January 2022.

The KSC would again like to thank all who supported your Show in 2021 and we look forward to another successful event in 2022. Next year, Show Day will be Saturday

2nd July.

Thankyou
Nigel Millband

Chairman

Keyworth Show Committee



KEYWORTH PARISH COUNCIL



Councillors: Tamsin Armour (Chair), Tony Wells (vice-chair). Geoff Baker, Ian Bell, Mary Butler, Tom Caven-Atack, David Clarke, Kevin Fitzgerald, Tony Grice, Samantha Kaye, Chris Kemp, Kev Lowe, Michael Moncrieff, Kath Oakley, Shelley Millband, Chris Takel, Matthew Tuttey.

Clerk to the Council: Michelle Law; **Finance Officer:** Emma Tillyard; **Facilities Manager:** Steve Mottishaw; **Clerical Officer:** Helen Bradshaw. See below for contact details.

Website: Please keep an eye on the Council website for updates, agendas, minutes, and other information: www.keyworthparishcouncil.org

Forthcoming Meetings: 1st November 2021 7:30pm Planning Meeting (Centenary Lounge); 8th November 2021 7pm Finance & Risk (Centenary Lounge); 22nd November 2021 7.00pm Full Council (Village Hall); 29th November 2021 7:30pm Planning Meeting (Centenary Lounge).

Please see the council's website for details of forthcoming council meetings, and for details of any changes in this respect: www.keyworthparishcouncil.org/council-calendar.

Agendas/minutes: Agendas for meetings are normally published on the Council website a week in advance; draft minutes during the week after the meeting:
www.keyworthparishcouncil.org/minutes-archive

Village Hall complex: Village Hall, Centenary Lounge, Feignies Room. For hire charges, conditions of hire, etc., please contact the Council office (see below) or refer to the website: www.keyworthparishcouncil.org/village-hall

Other facilities: Wysall Lane Burial Ground, Rectory Field, Nottingham Road Play Area, Platt Lane Skatepark, Keyworth Meadow Nature Reserve, Activity Park.

CONTACT THE PARISH COUNCIL OFFICE:

The office is open daily (except Tuesdays and bank holidays) 09.30 to 13.00. Keyworth Parish Council facilities are available for hire.

Address: Keyworth Parish Council, Village Hall, Elm Avenue, Keyworth, Nottingham, NG12 5AN.

email: office@keyworthparishcouncil.org

Telephone: 0115 937 2185 (checked weekdays except Tuesday and bank holidays).

Please note that the Keyworth News is an independent publication, and only the Keyworth Diary and occasional news items are produced by the Parish Council. It follows that the Parish Council is not responsible for items appearing elsewhere in the Keyworth News.



KEYWORTH PARISH COUNCIL



New Parish Councillor

Keyworth Parish Council welcomes our newest councillor, Michael Moncrieff, who only recently moved to Keyworth. Michael has worked in local government for 12 years, and we are sure this experience will be a great asset to the council and to the community. Welcome Michael!

THE GREEN MARKET 25/9/2021

Saturday 25th September saw the Keyworth Green Market and contribution to the National Green Week. The Keyworth Parish Council and Woodland Trust pitch was staffed by Susan McCabe and Cllr Dave Clarke. On the day Twenty-three Woodland Trust trees (crab-apple, rowan, birch, willow, and oak) went to new homes along with various grasses, blackcurrant, and loganberry plants. This has now taken our distribution of trees to be planted in the local area to over one hundred since spring 2020. We also discussed and encouraged wildflower planting particularly in younger gardeners and approximately fifty square metres of wildflowers seeds were given out (or 5kg). The information boards focused on bees (and how to build your own bee hotel), tree planting, home composting, Carbon fix and the latest on the England Trees Action Plan. We also asked what people would like to see locally during the Queens Platinum Jubilee in 2022.



Vandalism

Sadly, there is one less picnic bench now on the Rectory Field, due to an act of vandalism that took place on Tuesday 5th October. The vandalised bench has been removed and the area made safe until a replacement can be installed. It must have taken a lot of effort to rip the table out of the concrete! If you have any information that might help us, find the culprits, please contact the Parish Council anonymously on 0115 9372185 or email:

office@keyworthparishcouncil.org.



Peace Garden

We are thrilled to report that the long-awaited Peace Garden on the Rectory Field, has been completed. The idea for the Peace Garden originally came from Keyworth Parish Council, with early involvement of the Royal British Legion. Completion was aimed to coincide with a weekend in 2014, to include celebration of the rebuilding and rededication of the Memorial Gates and centenary celebrations commemorating the start WW1. Although the Peace Garden project didn't happen as planned, a small KPC working group and the Village Plan Environment Group took the idea forwards.

The design has been through several iterations, and we are absolutely delighted with the final layout. The garden has three benches, commemorating the two World Wars and those who gave their lives. The final design was developed in conjunction with Keyworth Environment Group, Keyworth Parochial Church Council, Keyworth Gardening Association, Keyworth Conservation Area Advisory Group and Keyworth Parish Council, by local company Branch & Bloom, who brought the plan to life. The project was funded by Nottinghamshire County Council and Keyworth Parish Council.

This project was conceived, designed, and built by locals, for locals. It brings colour, warmth, and a place for peaceful reflection to the corner of the Rectory Field, nearest to the Memorial Gates. We hope it will be enjoyed for many years to come.





THE KEYWORTH DIARY – November 2021

Please Note: The Parish Council compiles the Keyworth Dairy only. Items for inclusion in the December 2021 issue should be sent to office@keyworthparishcouncil.org or posted to, Diary Entries, Village Hall, Elm Avenue, Keyworth by **12pm 10th November 2021 OTHERWISE INSERTION IN THE DIARY CANNOT BE GUARANTEED.** Due to increased number of entries and limited space available, please keep wording to a minimum. It may be necessary to limit entries to a maximum of three lines (approx. 30 words)

Tuesday 2nd

BINGO AT THE KEYWORTH TAVERN - 2pm-4pm, everyone welcome. All proceeds to local charities. Contact Jenny on 0115 9142274 or Sharon on 07967 769509.

Thursday 4th

KEYWORTH & DISTRICT FOOTPATHS ASSN. – Guided Walks 9:30am Keyworth Village Hall – Seagrave, Walton on the Wolds, Burton, Seagrave. About 7 1/2 miles. Leader: Pippa 07977209047. Bring waterproofs, drink and a packed lunch, non-members welcome. Sorry no dogs.

KEYWORTH METHODIST CHURCH – Self Help Africa Coffee Morning – 10 - 12PM – Centenary Lounge, Elm Avenue. Contact Jill on 0115 9373268.

CHILDREN IN DISTRESS – Coffee morning – 9 – 11.30am -Webster Hall, Nottingham Road. Refreshments, homemade cakes & toasted teacakes. All welcome, contact: 9148066.

Saturday 6th

SAVE THE CHILDREN GARAGE SALE – 10.30–12.30pm, 35 Main Street. Christmas cards, wrapping paper, diaries, ect. Free admission, donations welcome.

Sunday 7th

SAVE THE CHILDREN GARAGE SALE – 10.30–12.30pm, 35 Main Street. Christmas cards, wrapping paper, diaries, ect. Free admission, donations welcome.

Monday 8th

SOUTHE NOTTS FLOWER CLUB – 7.30pm Burnside Hall, Plumtree. “Season’s Greetings” A demonstration by Linda Seabrook. All welcome, contact Teresa Hopwood

teresarosehopwood@gmail.com

Tuesday 9th

WEBSTER HALL LADIES – 2pm, Webster Hall, Nottingham Road. New ladies welcome. Christmas Card making with Janet Daft, we look forward to seeing you. First meeting free.

Thursday 11th

KEYWORTH & DISTRICT FOOTPATHS ASSN. – Guided Walk 9:30am Keyworth Village Hall – Harlow wood, Friar Tucks well, Rainsworth, Blidworth, Harlow Wood. About 9½ miles. Leader: Geoff M 07305194446 Bring waterproofs, drink and a packed lunch, non-members welcome. Sorry no dogs.

ST MARY MAGDALENE’S CHURCH – Coffee Morning – 10 - 12PM – Centenary Lounge, Elm Avenue. Contact Pauline on 0115 9374186.



CHILDREN IN DISTRESS – Coffee morning – 9 – 11.30am -Webster Hall, Nottingham Road. Refreshments, homemade cakes & toasted teacakes. All welcome, contact: 9148066.

Saturday 13th

METHODIST CHURCH CHRISTMAS FAIR – Keyworth Village Hall. 10am -2pm. Stalls with seasonal items & gifts. Adults £1, Children free if accompanied by an adult. Tea & Coffee from 9.45m, lunches from 11.45am. Proceeds for Keyworth Methodist Church.

Monday 15th

KEYWORTH & DISTRICT GARDENING ASSC, 7.30pm Centenary Lounge, Elm Avenue. A talk entitled 'Christmas Crackers', plants for the festive season. New members and non-members very welcome, £3 tea/coffee included. Contact: Jane 9374619.

Tuesday 16th

BINGO AT THE KEYWORTH TAVERN - 2pm-4pm, everyone welcome. All proceeds to local charities. Contact Jenny on 0115 9142274 or Sharon on 07967 769509.

Wednesday 17th

MAGDALENE'S COMMUNITY CAFE, Parochial Hall. 10am to 12pm offering Coffee, Cake, Conversation, Company, supporting those with Memory loss, their families, friends, and the wider community. To book ring Diana: 0115 846 0053, or text 0749 7436741, leaving your name and number. Next session: 15th December 2021.

Thursday 18th

KEYWORTH & DISTRICT FOOTPATHS ASSN. – Guided Walk 10am Keyworth Village Hall – Keyworth, Plumtree, Flawforth. Bradmore, Buuny, Bunny Old wood, Keyworth. About 10 miles. Leader: Julia 07736365853. Bring waterproofs, drink and a packed lunch, non-members welcome. Sorry no dogs.

CHILDREN IN DISTRESS – Coffee morning – 9 – 11.30am -Webster Hall, Nottingham Road. Refreshments, homemade cakes & toasted teacakes. All welcome, contact: 9148066

KEYWORTH DAY CENTRE – Coffee Morning – 10 - 12PM – Centenary Lounge, Elm Avenue. Contact Mrs Doreen Gee on 0115 9374429.

Monday 22nd

FEEL GOOD FILM CLUB – 1.40pm Centenary Lounge Keyworth Village Hall – Film: Peter Rabbit 2, admission donations (min £3.50) and refreshments £1.70 at half time. All welcome, to book call Elaine: 0115 937 3336.

Tuesday 23rd

WEBSTER HALL LADIES – 1.45pm, Webster Hall, Nottingham Road. New ladies welcome. Keyworth ukulele band entertain us, we look forward to seeing you. First meeting free.

Thursday 25th

KEYWORTH & DISTRICT FOOTPATHS ASSN. – Guided Walk: 9:00am Keyworth Village Hall – Walesby, Bothamsall, Kirton, Walesby. About 10 miles. Leader Geoff C 07875605610. Bring waterproofs, drink and a packed lunch, non-members welcome. Sorry no dogs.

KEYWORTH DAY CENTRE – Coffee Morning – 10 - 12PM – Centenary Lounge, Elm Avenue. Contact Mrs Doreen Gee on 0115 9374429

KEYWORTH WI MEETING – 7.15pm, Centenary Lounge, Elm Avenue. Card making, new visitors welcome. Contact: Jo Daniel 9373882.



REGULAR WEEKLY EVENTS

Monday

ASPIRE4FITNESS – Bootcamp 10am, 7pm. Designed, ran & supervised by highly qualified, experienced personal trainers. Exercises progressed and/or regressed to ensure classes are suitable for all abilities. £7 non-mem. Per session. Booking essential, email info@aspire4fitness.co.uk or call 0115 9374845.

KEYWORTH ARCHERS – 6pm onwards at East Leake Playing Fields, Costock Road, LE12 6LY. All Archery GB members welcome. Interested in trying archery? We run several beginner's courses during the year. www.keywortharchers.co.uk/courses.

KEYWORTH RUNNING – 6.30pm – Free Running for all! Three groups every Monday all levels (inc beginners) very welcome, email robvortigern@gmail.com or call 07469797979.

KEYWORTH CHOIR REHEARSAL – 7.30pm. Keyworth Methodist Church, Selby Lane. New members welcome. Contact Linda 0115 914 7088

Tuesday

SOCIAL TABLE TENNIS – 2-4PM Table Tennis Club, Elm Ave. All abilities welcome, bats and balls provided. £2 per session non-members. Contact: Richard 9375830 or rallen_keyworth@btinternet.com

KEYWORTH YOUNG PEOPLE'S CENTRE – Year 6 6-7.20pm. Year 7 7.40-9pm Positive activities outside of school, a safe and enjoyable place for young people to meet and socialise. Contact: christopher.seager@nottssc.gov.uk

KEYWORTH ADVICE CENTRE – 1-4PM – Feignies Room, Village Hall. Advice & information on all issues including employment, consumer, benefits, debt and family. Free & confidential. www.rushcliffeadvicenetwork.org.uk contact: advice.keyworth@gmail.com

KEYWORTH DAY CENTRE – 10.30-2.30PM – Centenary Lounge, Elm Avenue. Collection available if required by KDCC Bus. Lunch £5.10 which includes coffee & biscuits. Contact Mrs Doreen Gee on 0115 9374429

50+ FUN FITNESS ZUMBA GOLD - 9.15am – Keyworth Village Hall – First class Free – specifically designed dance fitness class for the over 50's = NO jumping & NO floor work. Booking essential. Call/Text Erika 07967 190442, email erikazumba@hotmail.co.uk or visit www.50plusfunfitness.co.uk

BINGO AT THE KEYWORTH TAVERN- every 1st and 3rd Tuesday each month, 2pm-4pm, everyone welcome. All proceeds to local charities. Contact Jenny on 0115 9142274 or Sharon on 07967 769509

FRIENDS ON A JOURNEY – 6pm – Centenary Lounge, Elm Avenue. Weight loss support group, sharing ideas, struggles and celebrations. £15 per month, contact: Hannah 07896 541991 or friendsonajourney21@gmail.com

ASPIRE4FITNESS – Bootcamp 7.30pm. Designed, ran & supervised by highly qualified, experienced personal trainers. Exercises progressed and/or regressed to ensure classes are suitable for all abilities. £7 non-mem. Per session. Booking essential, email info@aspire4fitness.co.uk or call 0115 9374845

Wednesday



WATERCOLOUR FOR BEGINNERS – Watercolour classes for beginners. Village Hall, Elm Avenue. 10 – 12pm. Fully structured classes tutored by artist Ann Stringer-Paget FRSA. Contact 078161 18776 for details.

KEYWORTH YOUNG PEOPLE'S CENTRE – Year 6 6-7.20pm. Year 8 7.40-9pm Positive activities outside of school, a safe and enjoyable place for young people to meet and socialise. Contact: christopher.seager@nottsc.gov.uk

ASPIRE4FITNESS – Bootcamp 7pm. Designed, ran & supervised by highly qualified, experienced personal trainers. Exercises progressed and/or regressed to ensure classes are suitable for all abilities. £7 non-mem. Per session. Booking essential, email info@aspire4fitness.co.uk or call 0115 9374845

HATHA YOGA CLASS – Hatha Yoga Class. A chance to strengthen and stretch the body and calm the mind. At The Blossom Tree Cafe. Email namibyogi@gmail.com or call 07805902748 or visit www.namibyogi.co.uk

Thursday

KEYWORTH DAY CENTRE – Coffee Morning – 10 - 12PM – Centenary Lounge, Elm Avenue. 3rd and 4th Thursday every month. Contact Mrs Doreen Gee on 0115 9374429

CHILDREN IN DISTRESS – Coffee morning – 9 – 11.30am -Webster Hall, Nottingham Road. Refreshments, homemade cakes & toasted teacakes. All welcome, contact: 9148066

SOCIAL TABLE TENNIS – 2-4PM Table Tennis Club, Elm Ave. All abilities welcome, bats and balls provided. £2 per session non-members. Contact: Richard 9375830 or rallen_keyworth@btinternet.com

KEYWORTH FRIENDSHIP CLUB – 2 – 4 PM – Centenary Lounge. All welcome for card games, dominoes, scrabble, canasta or chatting with friends. Refreshments served & free raffle. Entry is £2 Contact: Julie Greenwood 0115 9375080.

KEYWORTH YOUNG PEOPLE'S CENTRE – Year 9 6.30-7.30pm. Year 10 7.45-9pm Positive activities outside of school, a safe and enjoyable place for young people to meet and socialise. Contact: christopher.seager@nottsc.gov.uk

ASPIRE4FITNESS – Bootcamp 10am, 6pm. Designed, ran & supervised by highly qualified, experienced personal trainers. Exercises progressed and/or regressed to ensure classes are suitable for all abilities. £7 non-mem. Per session. Booking essential, email info@aspire4fitness.co.uk or call 0115 9374845

Friday

FRIDAY PAINTING CLUB – 1 – 4pm. Keyworth Village Hall. Join in with our friendly art enthusiasts' group, bring your own materials and mug, work in your chosen medium on anything you like. Small donation for tea & coffee. Contact Debbie: 0115 937 6989 or Nicole: 0115 808 5141.

KEYWORTH YOUNG PEOPLE'S CENTRE –Year 11 6.30-7.30pm. Year 11 7.45-9.15pm Positive activities outside of school, a safe and enjoyable place for young people to meet and socialise. Contact: christopher.seager@nottsc.gov.uk

ASPIRE4FITNESS – Bootcamp 7am. Designed, ran & supervised by highly qualified, experienced personal trainers. Exercises progressed and/or regressed to ensure classes are suitable for all abilities. £7 non-mem. Per session. Booking essential, email info@aspire4fitness.co.uk or call 0115 9374845



Saturday

ASPIRE4FITNESS – Bootcamp 9.30am. Designed, ran & supervised by highly qualified, experienced personal trainers. Exercises progressed and/or regressed to ensure classes are suitable for all abilities. £7 non-mem. Per session. Booking essential, email info@aspire4fitness.co.uk or call 0115 9374845

Sunday

KEYWORTH ARCHERS – 5.30pm onwards at East Leake Playing Fields, Costock Road, LE12 6LY. All Archery GB members welcome. Interested in trying archery? We run several beginner's courses during the year. www.keywortharchers.co.uk/courses.

NEWSBITS

SAVE THE CHILDREN COFFEE MORNING

Unfortunately, I will be unable to hold the usual Coffee Morning this year, but I will have a good supply of Christmas cards wrapping paper, diaries etc. In my garage (to the right side of my house) on Saturday 6th and Sunday 7th November from 10.30am to 12.30pm on both days at 35 Main Street, Keyworth. Admission free but donations accepted!! I will be very pleased to see anybody who would like to support our charity. Thank you, Elaine Harvey.

Extended Hours

The Village Hall is now available to hire from 10:30am on Sunday mornings. Although we have removed the need for a COVID risk assessment in line with government recommendations, we would urge users to be sensible and take appropriate precautions when using the Hall.

New clerk

Congratulations to Michelle Law, who was recently promoted to the position of Clerk to Keyworth Parish Council. Our previous clerk, Emma Tillyard will continue as Responsible Finance Officer.

Borough Councillor contact details:

Clr John Cottee County and Borough Councillor: (H)783 9052, (W) 977 2755, Email: clr.john.cottee@nottscc.gov.uk

Clr Andy Edyvean Borough Councillor: (M) 07788 537 964, Email: clr.aedyvean@rushcliffe.gov.uk

Clr Rob Inglis Borough Councillor: (H) 822 4502, (M) 07786 015 450, Email: clr.ringlis@rushcliffe.gov.uk

Please Note: The Parish Council complies the Keyworth News Diary and Newsbits. Items for inclusion should be sent to office@keyworthparishcouncil.org by 12 NOON, of the 10th of each month.



Patient Participation Group Newsletter

www.villagehealthgroup.co.uk

Contact us

East Leake Centre 08.00 - 18.30

Gotham Road
East Leake
Loughborough
Leicestershire LE12 6JG
Tel: 01509 852181
email: ncccg.vhg@nhs.net

Keyworth Centre 08.00 - 18.30

Bunny Lane
Keyworth
Nottingham NG12 5JU
Tel: 0115 937 3527
email: ncccg.vhg@nhs.net

Church House Centre 08.00 - 12.30

Shaw Street
Ruddington
Nottingham NG11 6HF
Tel: 0115 984 7101
email: ncccg.vhg@nhs.net

Sutton Bonington Centre 08.00 - 12.30

45 Orchard Close
Sutton Bonington
Loughborough
Leicestershire LE12 5NF
Tel: 01509 672229
email: ncccg.vhg@nhs.net

Missed Appointments

Missed appointments = wasted time for Doctors and Nurses.

In the past three months (May, June, July 2021) some 920 appointments were 'missed' by patients throughout the VHG Group practices.

Please could we remind patients to cancel any unwanted appointments 24 hrs before the agreed time.

How do I make an appointment to see my GP ?

Dr Suzanne Sivanandan

from the Village Health Group gives some useful guidance:-

All appointments are initially booked as telephone appointments. If a face-to-face appointment is felt to be clinically needed, this will be organised by the Doctor.

Urgent Appointments: For urgent needs you can telephone your local surgery on the day (preferably before 10.00 am) and ask for a Doctor to call you back - a Doctor or Nurse will call you back on the same day.

For out-of-hours advice - please ring the NHS 111 service.

Non-Urgent Appointments: A routine telephone call with a Doctor or a Nurse can be booked in advance - these can be requested through your local surgery Reception. Some non-urgent appointments are available to book online through Systonline.

Please do not attend the Surgery in person unless requested to do so.

The full version of this article is available on the VHG website: <https://villagehealthgroup.co.uk/newsletter-update-2021>



'Flu Vaccinations Autumn 2021

Patients will be aware on national News that there has been a delay to the delivery of this year's Flu vaccines due to a shortage of HGV drivers. Nonetheless, VHG is currently making preparations to commence the annual Flu vaccinations to all eligible patients during the month of October.

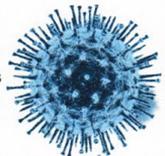
Following last year's successful Flu vaccination programme, VHG are currently planning a similar safe delivery of vaccinations on designated 'Flu Days' at East Leake and Keyworth centres, and at local clinics for Ruddington and Sutton Bonington.

As in previous years, eligible patients will be invited by letter to book an appointment online or through their local Reception.

For the latest information see the VHG web site : <https://villagehealthgroup.co.uk>

Coronavirus Precautions at Village Health Group

Following relaxation of general Coronavirus regulations on July 19th, the latest government advice to GP surgeries is that they should maintain full Infection Prevention and Control. This means that VHG will continue to respond to patients in the first instance by telephone call, to be followed-up by an in-person appointment if required.



Farewell

We would like to recognise the following staff who have recently left the Village Health Group. We thank them for their service to the Practice:-

Doctors: Jenny Moore, Oxana Iwanskyj, Helen Unitt, Claudia Petillion

Staff: Julie Huddleston, Nicky Grant, Jas Spencer, Bev Browitt and John Todd

Rushcliffe Social Prescribing

Ruddington Allotment - Open Day

Wednesday 25th August 2021

Kasha, Morgan and Sophie - part of our local Social Prescribing Team were at the Ruddington Allotment site to help with the first Open Day.



The allotment site has been offered to the Team to be used for community use, where for example, the Team identify those who could benefit with an 'outdoor experience' to help with their mental and physical health, and general well-being.

The Open Day was supported by a large contingent from the Rushcliffe Social Prescribing Team.

If you think that you could benefit from this scheme then you should, in the first instance, talk to your GP about using the Social Prescribing Service



Patient Participation Group

Join our PPG team and have your say about your surgery

Application available at:
www.VillageHealthGroup.co.uk/PPG

We are especially looking for:

- Parents with young families
- Young adults
- Greater diversity of backgrounds
- A PPG Secretary
- Patients from Sutton Bonington and Church House Ruddington surgeries



Image information available on www.villagehealthgroup.co.uk/PPG

Facebook : You can find more up-to-the moment information from the Facebook pages of the Village Health Group and the Keyworth PPG : <https://www.facebook.com/villagehealthgroup> <https://www.facebook.com/keyworthppg>

Would you like to become a virtual patient ? - you can keep informed on the latest Practice news and receive copies of this Newsletter. If you would like to join the Virtual PPG please email us : VHGPPP@mail.com

Patient Feedback: we welcome helpful comments and suggestions on how we can improve the patient experience at the Village Health Group. Send your feedback to: VHGPPP@mail.com



The Crisis Sanctuaries are delivered through a partnership of Framework, Harmless, Turning Point and Mind, to collectively support the communities of Nottinghamshire.

Each Crisis Sanctuary will have trained Crisis Intervention Workers who will provide recovery-focused mental health support in a trusted and consistent space.

A list of Crisis sanctuaries is given below:-

For further information contact :
 Jane Osbaldiston,
 Crisis Sanctuary Partnership Lead -Tel: 07305 070435



Day	Location	Contact details	Information
Monday 6pm-Midnight	Mansfield NG18 1QJ	07305 089429	Open now
	Sherwood		Open April 2021
	Nottingham City NG1 1EW	0300 123 1255	Open now
Tuesday 6pm-Midnight	Newark		Open April 2021
	East Leake	07925 584716	Open now
Wednesday 6pm-Midnight	Worksoop S80 1EH	07305 089431	Open now
	Beeston		Open April 2021
Thursday 6pm-Midnight	East Leake	07925 584716	Open now
	Nottingham City NG1 6BB	0115 844 1846	Open now
Friday 6pm-Midnight	Mansfield NG18 1QJ	07305 089429	Open now
	Beeston		Open April 2021
	Nottingham City NG1 1EW	0300 123 1255	Open now
Saturday 6pm-Midnight	Newark		Open April 2021
	Sherwood		Open April 2021
Sunday 6pm-Midnight	Worksoop S80 1EH	07305 089431	Open now
	Nottingham City NG1 6BB	0115 844 1846	Open now

Due to restrictions imposed as a result of the coronavirus pandemic, you will be required to call ahead prior to visiting one of the Crisis Sanctuaries. This is to ensure that the Crisis Sanctuaries remain a safe and accessible place for visitors and staff.

Keyworth Churches



Join us for a short service of Remembrance on Nov 14th at 10.50am at the War Memorial Gates.

Please check our church websites, noticeboards or phone for details of all our services & activities. We'd love to hear from or see you, to talk, to help, and to pray.



St Mary Magdalene Keyworth & All Saints Stanton on the Wolds

www.keyworthstantonbunnychurch.com Revd Dr. Tom Meyrick Tel: 9377380 Main Sunday service currently at Bunny Church 10.30am

Keyworth Methodist Church

www.keyworthmethodistchurch.yolasite.com

Rev Tony Simpson Tel: 9399312

Keyworth Baptist Church

www.keyworthbaptist.org.uk Church Sec: David Mackness Tel: 9374689

Children's and Young People's Activities

Email keyworthcyp@gmail.com or see church websites

Keyworth United Reformed Church

Church Sec: Benita Boulton Tel: 9148066



St Margaret Clitherow Catholic Church, Willow Brook

www.eastleakeandkeyworthrcp.co.uk Fr Michael Williams Tel: 01509 852147

Deacon: Revd Peter Swarbrick Tel: 9143973

St Mary the Virgin, Plumtree

Minister: Revd Trevor Kirkman Tel: 9374116
trevorkirkman@btinternet.com

On Remembrance Sunday this month, we shall dedicate the new Peace Garden that has been established close to the War Memorial Gates in Rectory Field. The garden complements the existing war memorial: as one looks back in remembrance, the other looks forward in hope.

At this time of year, we are accustomed to look back in sorrow and gratitude to the two major wars of the Twentieth Century, and so many other conflicts. We mourn the many young men of our village who were sent off to war, never to return. This is also an important time to raise money to relieve the pain of those who did return.



As much as our memorials direct our thoughts back to past conflicts, the Peace Garden causes us to look forward in hope. We pray that the sacrifices of previous generations may inspire governments and ordinary individuals always to work towards peace, so that past terrors are not repeated.

But, whereas we remember things that we know to have happened. Hope is always for something that is unseen, something that has not yet happened. If our hope is to be realised, it requires a commitment on our behalf. That is why I said that we should work towards peace. Peace doesn't just happen,

it requires us to work for it. That work involves reaching out to people with whom we disagree, people who are different from us. It involves a desire to get to know others better. As Jesus bids us, we must love our enemies.

As much as warfare demanded sacrifice, so does the search for peace. We cannot insist on our own desires at the expense of others. Sometimes we must sacrifice them so that human beings can live together in peace. Loving our enemies requires that we put their welfare before our own; that takes real commitment.

In December we will be celebrating the birth of Jesus, the Prince of Peace. That title was earned at the cost of his own life. This month, as we remember those whose lives were sacrificed in war, let us undertake to work towards true peace, whatever the cost.



May God give each of you his blessing of peace.

Fr Tom



MATTHEW WILLIAMS

TREE AND HEDGE CARE

City & Guilds
NPTC

*Small to medium tree care
Tree removal
Crown lifting/ thinning/ reduction
Pollarding
Hedge trimming/ reduction/ removal
Shrub pruning/ removal*

Contact Matt
Email: hedgebarber33@gmail.com
Mobile: 07506764702



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jbinteriors@outlook.com



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Will and Estate Planner
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9 Morston Court, Aisecome Way
Weston-super-Mare BS22 8NG
Tel: 01934 425556

www.secureinheritance.co.uk





THE SOUTH WOLDS ACADEMY & SIXTH FORM

Church Drive, Keyworth, Nottingham NG12 5FF

Head Teacher: Halina Angus

South Wolds is a high attaining, semi-rural popular school located in the village of Keyworth in Nottinghamshire which is only 6 miles from West Bridgford. We are also a founding partner of the East Midlands Education Trust, committed to providing a first class education for all of our students.

Exam Invigilator £10.69 per hour

We are looking to add to our bank of exam invigilators to supervise students taking both mock and external exams throughout the school year. You would be employed on an hourly casual basis and contacted prior to the exam period to discuss your own availability.

Although no formal qualifications are required, we are looking for responsible applicants who can follow precise instructions and deal with our students in a calm manner. Full training will be provided.

South Wolds is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

If you would like further details please e-mail vacancies@southwolds.notts.sch.uk or visit our website www.southwolds.co.uk to download an application pack. Alternatively, contact Jo Eggleton on 0115 9373506.

Closing date for receipt of applications: 9.00 am on Monday 1st November 2021



Keyworth Pharmacy

PIONEERS IN HOLISTIC HEALTH



New Medical Cannabis Service

Medical Cannabis **Private** prescriptions are currently issued by specialist doctors and can be considered for patients who have exhausted all traditional methods of treatment for a range of indications such as:

- Pain conditions
- Psychiatric conditions
- Cancer – cancer-related appetite loss, chemo-induced nausea and vomiting, cancer-related pain, depression, palliative care.
- Gastrointestinal conditions – Crohn's disease, ulcerative colitis, IBS
- Neurological conditions – autistic spectrum disorder, epilepsy (adults/children), migraine, cluster headache, multiple sclerosis, neuropathic pain, Parkinson's disease.



Our Service has exclusive access to UK manufactured treatments for our patients, our team can guide you through the whole process.

Step 1- Consultation to check eligibility

Step 2- Dr issues Private Prescription to our pharmacy. Fee Payable.

Step 3- Keyworth Pharmacy Dispenses Cannabis meds. Fee Payable.

Contact us for more information.

**Keyworth Pharmacy 5 The Square Keyworth,
Nottingham NG12 5JT 0115 9377477**

FREE TALKS

TITLE: Manage Fatigue- Practical strategies to Living Well with Amy Harley Occupational Therapist

WHEN: 11/11/21 @7pm-8pm

TITLE: Medical Cannabis Service: Benefits & Legalities with Mr Singh

WHEN: 02/12/21 @7pm-8pm



IVitamin CLINIC.



WE ARE A HEALTH AND WELLNESS CLINIC BRINGING TOGETHER PASSIONATE HEALTHCARE PROFESSIONALS TO HELP PEOPLE TAKE CONTROL OF THEIR OWN HEALTH AND WELLBEING

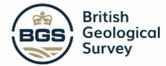
OUR SERVICES INCLUDE:

- IV VITAMIN THERAPY • B12 INJECTIONS • PRIVATE HEALTH CONSULTATIONS
- PRIVATE PRESCRIPTION SERVICE • EAR WAX REMOVAL • FOOD INTOLERANCE TESTING
- BLOOD TESTING AND ANALYSIS • TRAVEL CLINIC • HAIR LOSS TREATMENT
- ERECTILE DYSFUNCTION SERVICE • QUIT SMOKING SCHEME
- DERMAL FILLERS AND ANTI-WRINKLE TREATMENTS • MEDITATION GUIDANCE
- SPECIALIST SKINCARE TREATMENTS • STRESS AND ANXIETY MANAGEMENT
- COGNITIVE BEHAVIOURAL THERAPY • NEURO-LINGUISTIC PROGRAMMING
- SOFT-TISSUE AND MUSCULOSKELETAL THERAPY • WEIGHT-LOSS SPECIALISTS
- PLANT-BASED NUTRITION SPECIALIST • MENTAL HEALTH SUPPORT
- BESPOKE DIET PLAN AND NUTRITION ADVICE

FOR MORE INFORMATION ABOUT OUR SERVICES PLEASE CONTACT US ON

IVitamin Clinic Keyworth Pharmacy The Square Keyworth NG12 5JT
www.ivotaminclinic.co.uk • info@ivotaminclinic.co.uk • 0115 9376900

Biodiversity and the British Geological Survey



The UK is one of the world's most nature-depleted countries (in the bottom 10% globally) therefore we all need to do our bit to create and sustain biodiversity.

At the British Geological Survey (BGS) in Keyworth, staff have been working with the Estate's team to increase biodiversity on site. A range of initiatives have been rolled out, including 70% of the estate's grasslands being designated "no mow" between March and October. This has resulted in having a wonderful summer of wild flowers (including a large quantity of bee orchids) which have brought more insects and larger animals that feed on them. Butterflies and moths have been surveyed and over 40 species of moths recorded! Local bee keepers have noticed a bumper honey harvest this year (maybe thanks to the wild flowers on the BGS site?).

We have recently installed bird feeders and baths, which have of course pleased the squirrels, but also a whole variety of birds have been spotted, including a great spotted woodpecker. A family of common buzzards nested in our conifer wood this year and they raised two young. These magnificent birds can often be seen circling above the village on a quiet day. Their high-pitched screams sound a bit like archaeopteryx from Jurassic Park.

Around site we have been working to increase the range of habitats for wildlife. A wildlife pond has been cleaned of bramble and this area now attracts most wildlife, our night time cameras have filmed fox, deer, hedgehogs, voles and mice. Small bird boxes have been placed across the site, and owl and bat boxes are waiting to be installed. A sunny area of wood chip hosts masses of insects including ants, spiders, and centipedes (to name a few). A large grass snake has been seen in that area too, basking in the sun. We recently received funding to plant daffodil bulbs and an orchard, both will provide a great early spring show of colour, and some nectar for the very early emerging insects.

Things are really positive on the BGS site for wildlife, and as people return to the office we hope we will be better able to record sightings and show a real improvement in our wildlife oasis in the middle of a growing village.

Melanie Leng is Chief Scientist for Environmental Chance at the British Geological Survey.



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Remembrance 2021

Whilst our general circumstances have improved considerably from last year, it remains the case that there are pandemic risks. It is important that we commemorate our history and continue to remember those who made the ultimate sacrifice in order that we should live in peace and freedom.

Sadly it was necessary last year to restrict the attendance at Keyworth's annual Act of Remembrance. This year, the majority of restrictions that were faced last year have been removed. Therefore the Act of Remembrance this year will be more in line with pre-pandemic years. The ceremony will be outdoors which offers a measure of safety but once again there will be no communal singing during the ceremony.

The Ceremony

The Civic Ceremony will commence at 10.50am on Remembrance Sunday – 14th November 2021. It is expected that a Deputy Lieutenant will be in attendance (representing the Lord Lieutenant of Nottinghamshire) along with representatives from Keyworth Parish Council, Rushcliffe Borough Council and Nottinghamshire County Council. The Royal British Legion will also be in attendance.

It is hoped that Ex Service associations, clubs and societies along with other organisations or members of the community will attend. There will be ample opportunity to lay wreaths or simply Poppies or Poppy Crosses during the ceremony.

As is usual, the names of those especially remembered on the Memorial Gates will be recited along with the Act of Remembrance and a two minute silence at 11.00am. The silence will be preceded by the playing of the Last Post and ended with the sounding of Reveille. The silence will be simultaneous with the many thousands of silences taking place across the country.

Following the ceremony, all of the wreaths will, as in past years, be attached to the Memorial Gates offering the opportunity for members of the community to visit and see who has laid a wreath.

Covid Concerns

Whilst there is no formal requirement, those who wish to attend are encouraged to exercise the option of wearing a face covering. For many this may be the first time that they have gathered in a large group for quite some time and there seems to be little point in taking unnecessary risks. As mentioned, there will be no hymn singing so face coverings would not interfere with the ceremony.

The Keyworth Peace Garden

Since last year, a Peace Garden has been constructed very close to the Memorial Gates. This is an outstanding facility that offers a spot for quiet reflection in the midst of everybody's busy lives. As part of the Act of Remembrance there will be a blessing of this new Peace Garden.

It is hoped to rekindle the flame of Remembrance with a great turnout by the people of Keyworth.

Barry's Recipe

Traditionally Bonfire Night is rather cold and can be rather wet! A warming and satisfying dish would certainly help to warm us up. This pie would definitely do the job. Happy cooking - Barry

Cheesy Sausage & Mash Pie

- 6 pork sausages, skinned and chunked into small pieces
- 1 onion, sliced
- 2 garlic cloves, crushed
- 1 teaspoon fresh thyme leaves
- 2 tablespoons onion chutney
- 1 teaspoon Marmite
- 100ml red wine
- 1kg floury potatoes, peeled and quartered
- Large knob of butter
- 80ml milk
- 100g strong cheddar, grated
- 50ml COLD beef stock AND 250ml of HOT beef stock
- 2 teaspoons cornflour



Preheat oven to 200°C/Gas 6. Fry the sausagemeat in a frying pan for 8-10 minutes until golden, breaking up the meat with a wooden spoon. Remove with a slotted spoon and set aside. Add the onion to the pan, lower the heat and cook for 15 minutes until lightly caramelised. Add the garlic, thyme leaves, onion chutney and Marmite. Stir for a few minutes, then pour in the wine. Bubble until reduced by about half. Meanwhil

e, put the potatoes in a large pan of water, bring to the boil, then simmer for 12-15 minutes until tender. Drain well, then mash until smooth. Stir in a large knob of butter, milk, 50g of the cheddar and ground black pepper. Mix the cold beef stock with the cornflour and add to the pan along with the hot beef stock. Stir well, bring to a simmer and cook until thickened. Tip it all into a large oven casserole. Stir in the sausagemeat, then check the seasoning adding if needed. Spoon the mash over the filling, sprinkle with the rest of the cheddar and bake for 30 minutes until golden and bubbling. A green vegetable with the pie makes it complete. For ease I use peas but broccoli or cabbage also goes well. Serves 4. If you fancy an alcoholic drink with the dish then how about a robust red wine such as French Cabernet Sauvignon or a beer of your choice.

Kath's Recipe

This is my husband's favourite Pudding – Kath Oakley

Crème Brulee

Double Cream : 1:284ml & 1:142ml

100ml Whole Milk

5 Large Egg Yolks

50g Golden Caster Sugar & a little more for a topping

A few drops of Vanilla Essence

Pour the double cream and milk into a pan. Heat the cream and milk until almost boiling point, then leave to cool. Whisk the egg yolks and sugar for 2 mins. Pour the cream and milk into the beaten egg yolks and stir with a whisk, adding the vanilla essence. Put hot water into a large roasting tin and place 4 ramekins, making sure the hot water is at least half way up the outsides of the ramekins. Fill the ramekins with the cream mixture. Place the roasting tin into the oven, cover with baking paper and bake at 180c gas 4 for 30-35 mins until the mixture is gently set. Remove ramekins and allow to cool. Then if you like a caramelised topping, sprinkle 1 tbsp caster sugar on top of each ramekin and grill until the sugar melts to a golden brown and allow to cool before serving.



Belvoir Vale Care Home

Hello again from all of us at Belvoir Vale, we hope you enjoyed the summer and are looking forward to all the excitement and changes that autumn brings! We can't wait to see the colours outside change and look forward to the big events coming up in the next weeks and months!

We have had a great few weeks, enjoying the last burst of mild weather by going on our last boat trip of the year! We enjoyed seeing the wildlife and Newark Castle, waving at passers by and having a lovely picnic! We were sad that this will be the last trip before the Crusader stops running for winter, but we are already looking forward to booking more trips next year!

Our wooded area at the bottom of the drive has undergone a makeover and has now been turned into a fairy garden! There are lots of beautiful decorations along the ground and in the trees to spot! It is a delight to stroll along the path finding them all! A big thank you to Eileen, our regional director for providing the decorations for us. This is a project that the residents will get involved with and continue to add to over time, stay tuned for updates!

We have also had some fun inside the home, trying out new activities such as Laughing Yoga and Balloon Volleyball, and enjoying some classic favourites as Tenpin Bowling and Name that tune. One afternoon we were treated to a fantastic Karaoke performance by 3 members

of staff! Alison, Connor and Alex all came together to sing the residents some of their most loved songs. They did an amazing job and had all of the residents and staff singing and dancing along!

Our biggest news is that On Friday 24th September we put up the big screen in the dining room and all tuned in to watch the MMCG care awards 2021. This is a big event in our calendar that requires a big celebration! The kitchen prepared a buffet for all the staff to enjoy, we had bubbly laid out in the dining room, and balloons and party poppers on the tables! We were 1 of 4 homes nominated for best care home, out of a total of 80 ran by MMCG. I am so pleased to share with you that we WON! All the staff have worked so hard over the last year, it is a fantastic achievement that is very well deserved! I would like to say how proud I am of every single member of staff and resident/family member that made this possible! We couldn't do it without you!



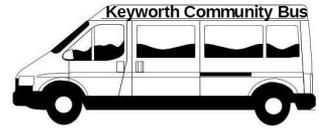
Call our team: 01949 222475
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 **Belvoir Vale**
Care Home
Maria Mallaband

Keyworth and District Community Concern

100 Club: What is it?



The 100 Club is a monthly draw that provides financial support for our charity. Members buy a number (1-110.... We have expanded it slightly ☺). Each number costs £2 per month, paid annually.

Each number is part of the monthly draw with a chance to win any of the four prizes. Two of these are generously donated by supporting sponsors Perkins Bar and Bistro and 7 Spice Restaurant.

The difference in value between the money collected and the prizes gives us a regular income to the charity. The latest draw was initiated by Helen at the offices of Keyworth Parish Council on 24 September and the results are as follows;

1st Prize (£100 Perkins Voucher)	No. 71	No publicity requested
2nd Prize (£50 7 Spice Voucher)	No. 3	Sandra Weaver
3rd Prize (£25 cash)	No. 11	No publicity requested
4th Prize (£10 cash)	No. 63	Jane Marshall

The Club is full, but we have a small waiting list if you would like to join when a number becomes available, please contact us on 07976 638851 if you'd like to join it. If we get enough interest we might expand the Club again.

All number owners have the option of not having their name disclosed.

A big thank you to our prize givers and congratulations to the winners.

Thanks

A special thanks this month to the "Keyworth 8 o' clock Club" that have generously donated some of their funds to our charity

Please watch our Facebook page (@KeyworthDCC) for updates

Would you like to join as a Day Centre volunteer, bus driver or bus escort? Send us a message via Facebook, email us or phone.

If you, or you know someone that would like to come and join us at the Day Centre on Tuesdays, please contact Doreen on 0115 937 4429.

If you would like to book to use our buses, please contact us at kdcc.minibus@gmail.com or ring 07881 836 221

Busking for Charity

Thanks to all who donated to NHS Charities while Brian Lund has been busking in Keyworth since the start of the pandemic. £2,056 has been raised in total. Next sessions will be for BBC Children in Need appeal.

Photo: Howard Fisher



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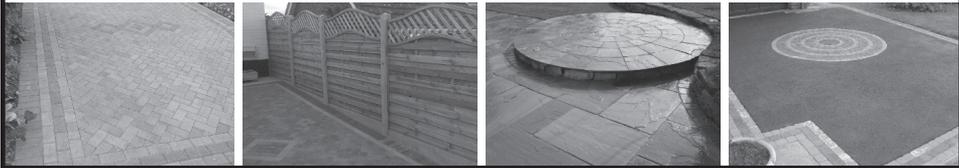
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FREE HOME VISITS AT ANY TIME

Keyworth Scouts



Recently, twelve explorers participated in the Rushcliffe District incident hike which included two teams of six. Team x-ray, made up from the newer explorers, and team yankee, made up from the older explorers. This hike was ten miles long and was walked through the night. At each base we reached on the hike, there was some challenge or task to do. Each team from the Rushcliffe District were staggered to reduce the chance of a group having to pass another. Our team (yankee) almost caught up with a mysterious team at one point. We saw torches and could just about make out that there were some people going over a style two or three minutes worth of walking time in front of us. We saw them turn left but they should have turned right. Slightly perplexed, we continued walking to the next stop where we were faced with packing away a pop up tent as quickly as we could as long as it was within ten minutes.

When we arrived the man at the base greeted us; 'hello, team x-ray is it?' he asked. We all just exchanged glances. Disbelief. We had just witnessed our fellow other team of Keyworth explorers take a wrong turn. We weren't worried; they had phones and instructions in their bags if they needed help.

Many spirits were lifted when we reached the hot dog station. Another task involved dangling donuts, which was fun, messy and yummy all at the same time! Probably a favourite base for many because of these qualities!!!

On arriving back on Hollygate, Cotgrave, most of team yankee slept over at the campsite as well as one member from team x-ray. We were all tired but that is, of course, because it had been a night full of fun and adventure. There is always something to look forward to with explorers and we are constantly gaining new skills as well as enjoying spending time with friends and having so much fun. We are still waiting to find out where we came in the rankings. Hopefully, we'll have done well!

Gabriella

Explorer

Christmas Post: 1st Keyworth Scout Group

We will once again be running a Christmas Post delivering to the Keyworth area only. Money raised will go towards a charity voted for by the young people in our Group. Voting was in progress as Keyworth News went to press. Look out for the result on our notice board and local social media sites. Christmas Post opens on 26th November with the last posting date on 10th December; deliveries to Keyworth only. Post boxes and stamps (25p) will be in the following locations around Keyworth:

- Sainsbury's
- Johnsons
- RM and J Green
- Flowers on Main Street
- One Stop on Manor Road

We look forward to your support.

Graham Blakey

Group scout leader keyworthgsl@gmail.com

Keyworth Lives

Derek Oakley



In September, Keyworth lost a great local personality and a dedicated community champion. Derek's funeral was held at Keyworth Methodist Church on 18 October where his family and friends celebrated his life and said their fond farewells. In our Keyworth Lives piece this month we want to say thank you to Derek and acknowledge his role in shaping the village where we all live.

If any place outside Yorkshire could stake an honorary to claim to being part of 'God's Own Country' then Keyworth's is strong.

So many Keyworth institutions and groups owe their existence to the prominence of Yorkshireman, Derek, that he earned himself the name of 'Mr Keyworth'. Those groups were led or include: the Bowls Club; the Parish Council (where he was Chairman for three separate years); the Keyworth & District Probus Club (where he was Vice-President, President and Speaker Secretary); the Village Quiz; the

Keyworth Show; Twinning with Feignies; the Community Bus; the Local History Society; and of course Derek's Tours.

From his early days in Sheffield where he was born in January 1933 and christened Derek Wordsworth Oakley at Weston Street Methodist Church, he was keen to play his part in local activities. That may be something to do with the Sheffield air or the well known Yorkshire attributes of comradeship, generosity and affability. He said his unusual middle name was given because the Oakley family can, on his mother's side and over many generations, establish a link with William Wordsworth, the famous Cumberland poet.

Back in Sheffield, Derek aged five went to Fulwood Church Primary School. Unlike many Sheffield children Derek was not evacuated from the city during WW2. Derek remembered street air raid shelters (which seemed to be little used) and the two nights of heavy blitz on Sheffield in December 1940 when over 600 people were killed and thousands injured or made homeless. Sheffield a city of seven hills, was prominent from the air and, when the skies were clear and the moon was bright, Luftwaffe navigators had a fairly straightforward task in finding their target. At school towards the end of the war Derek attended Sheffield Technical School where he specialised in engineering which prepared him well for a long career in the coal mining industry.

He joined the boy scouts when he was eight, as a cub, and this strong interest remained with him for the next 28 years. He became a scout, senior scout, scout master and later, commissioner. He rates highly all the good the scouting movement does with its many activities, especially camping for boys and is delighted to see the movement continues here in Keyworth. His love of camping and the outdoor life probably fuelled his later keen interest in caravanning and led to many family holidays throughout the UK.

When the time for National Service came,

he was eager to get into the RAF, and to ensure he did so he opted for three years' service instead of the customary two – and never regretted it. But he did not learn to fly. Instead, he became the station 'post office man' for a large long-established RAF base on Boscombe Down, near Amesbury in Wiltshire. He enjoyed that time and spoke of it warmly.

Derek met Kathleen Scott – now known to us as 'Kath' and they were married in 1959 at Crosspool Methodist Church in Sheffield. At that time, as now (although perhaps for different reasons) it was difficult for young couples to get suitable accommodation, but they managed to find a small house in the Broomhill area of the city and so continued their Sheffield life.

They had three children; Timothy, Jonathan and Karen, all of them were very small when they came to live in Keyworth. All three attended local schools before going on to university. Derek and Kath were lucky to be grandparents to six grandchildren!

Derek's work, covering many years has been within, or closely associated with the coal industry. He spent time with British Fuel and once recalled, with a rueful smile, his stint in the Complaints Department. After attending many widely different courses, he advised firms and householders on efficient coal use, helping them to switch to or remain with coal as their principal fuel, whilst adhering to complicated air pollution legislation, including the shift to smokeless fuel. His work was difficult during several, often prolonged and bitter miners strikes, when companies and households were tempted to move away from coal to gas, oil and electricity. Derek retired from this role in 1968.

Following the inter-village quiz initiated by the Nottingham Evening Post, the ever popular Keyworth Village Quiz, as it is currently organised, was largely of Derek's creation. He suggested the quiz, which was then family-based, be made up instead of competing teams of four contestants each representing various organisations

of groups in the village. He proposed that the quiz should be run weekly, on a knock out basis, over several winter Monday evenings. To encourage entries he provided the Oakley Cup which was to be awarded to each years winning team. The Quiz which draws large audiences in the Village Hall has been running for so many years that it is now difficult to find space for the engraving of the winning teams' names!

In his last years at work, Derek organised coach trips for employees of the City Council. He enjoyed this and later, after moving to Keyworth ran a day's outing to the Millennium Dome. The trip went well and so others were planned, mainly at the request or suggestions of customers. The Derek's Tours programme ran for many years, offering day trips and some further afield hotel holidays of four and five nights. The service was particularly attractive to people who did not drive thanks to the Keyworth-back-to-Keyworth facility. Without doubt, Derek's Tours performed an invaluable local service.

Derek also did much to support Keyworth Methodist Church, which was a huge part of is life, including stewardship and committee membership. He instigated Saturday coffee mornings to make better use of the Church premises and provide a place for people to socialise and he organised the Church Christmas Fair for many years.

All in all, this is a truly remarkable record of service and one from which may Keyworth citizens have benefitted and continue to do so.

Keyworth News is grateful to John Adcock, on whose article this piece is based.

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Rushcliffe Safer Neighbourhood Team

Cotgrave Police Station, The Cotgrave Hub, Rivermead, Cotgrave, Nottinghamshire
NG12 3UQ



Please be aware that the dates refer to the date reported to the police, not always the day of the incident.

Keyworth

01/09/21 06:51	ASB	Croft road	Keyworth	Food items thrown at a property
11/09/21 11:16	VAP	Main street	Keyworth	Abusive drunk male
11/09/21 23:05	ASB	Fairway	Keyworth	Noisy Party
26/09/21 05:09	Criminal Damage	Station road	Keyworth	Vehicle windscreen smashed
27/09/21 12:33	Criminal Damage	Park Avenue	Keyworth	Damaged meter box
22/09/21 18:36	TFMV	Bunny Lane	Keyworth	Theft of Catalytic convertor

Plumtree

No crimes reported

Tollerton

16/09/21 15:35	Theft from shop	Melton road	Tollerton	Theft of food and alcohol
16/09/21 21:35	Theft from shop	Melton road	Tollerton	Theft of food and alcohol
21/09/21 12:10	Theft from shop	Melton road	Tollerton	Attempted theft of food

Nevile - Covering Hickling, Kinoulton, Owthorpe, Upper Broughton

02/09/21 10:53	Animals/Wildlife	Melton road	Hickling	Out of control dogs
03/09/21 14:30	Theft from vehicle	Owthorpe lane	Kinoulton	Theft of chain saw
07/09/21 15:03	Criminal Damage	Hickling road	Kinoulton	Damage to property
28/09/21 07:58	Animals/Wildlife	Melton road	Hickling	Dogs killing sheep

Wolds - Covering Normanton on the Wolds, Stanton on the Wolds, Clipstone on the Wolds, Widmerpool, Willoughby on the Wolds, Plumtree, Thorpe on the Glebe

20/09/21 11:05	Criminal Damage	Melton road	Stanton.o.t.Wolds	Damage to fence
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Thanks to PCSO Anthony Davis



Aspire4Fitness



August 31 st 2018 I received the keys to what we now call Aspire4Fitness. Being an Ex Royal Marine I have a natural passion and love for fitness. I knew if I liked the gym, then others would too.

My vision was to create a gym that would make everyone feel comfortable and welcome. 3 years on and if you take a look through our reviews, you would say we've come some way to achieving that. We never take anything for granted because you never know what's around the corner. The last year being a perfect example of that.

The one thing that will always stick with me is, the support we received from our members during that time. The messages we received were heartwarming and tremendously encouraging. It basically confirmed and justified the decision to put A4F in Keyworth.

We will continue to grow and provide the best services and support in helping everyone with all their physical and mental health needs. From our knowledgeable reception staff, to our professional Personal Training team, The Primelife Project and joining us this month Total Performance Physiotherapy. We have the tools to help many needs, in an environment that makes everyone feel at ease.

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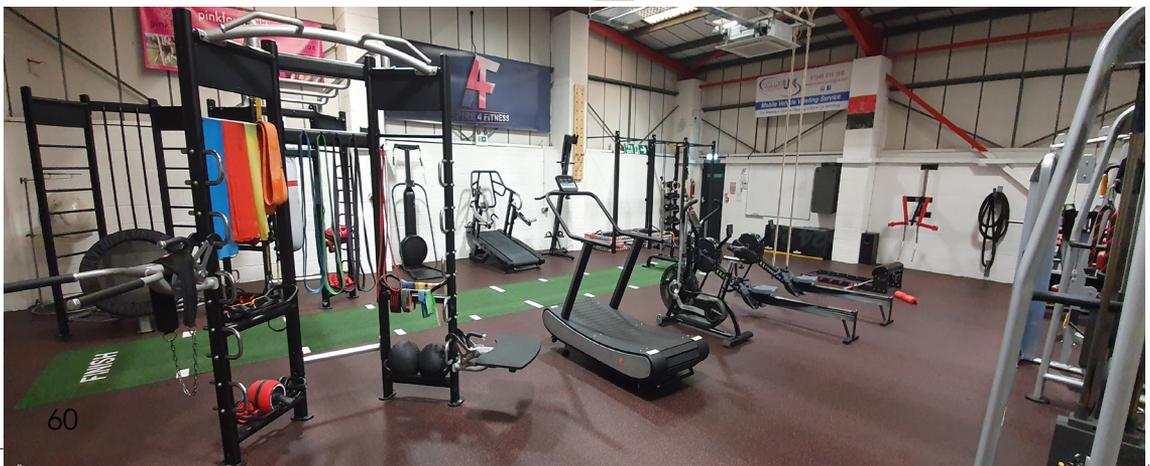
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Aspire4Fitness



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Keyword Kids

World Hello Day is a day observed annually on November 21, to express that conflicts should be resolved through communication rather than the use of force. Greet ten people or more on that day as an expression of the importance of personal communication in preserving peace.

Hello Wordsearch

N	Y	W	D	B	Q	Z	P	W	S	N	I	I	O	K	Z	Z	I
S	N	E	I	H	O	W	A	G	Z	A	M	T	D	H	U	D	A
Q	W	H	O	L	A	J	X	W	U	E	R	P	L	P	D	R	S
S	L	P	U	F	X	N	T	B	C	T	G	F	K	Q	C	A	S
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T	L	D	O	A	P	U	K	D	L	X	M	D	S	A	P	V	M
U	R	D	D	W	L	Y	A	F	I	H	W	S	S	L	G	U	U
R	K	O	N	N	I	C	H	I	H	A	D	V	P	K	V	Y	J
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Animal Facts: Numbats



The Numbat, also called the banded anteater, is a small endangered marsupial animal native to parts of Australia. They have a long sticky tongue that allows them pick up termites, which they eat exclusively.

There are estimated to be fewer than 1000 numbats on the planet today.

Keyword Kids Crafts

Cupcake Liner Poppies

The red poppy has long been used as a symbol of war/ Remembrance Day (November 11th). People wear the poppies to show respect and to remember those who died in war or who still serve in war today.

All you need to make your own poppies are some green lolly sticks and red cupcake liners. Display them in your window as a mark of respect for those who serve us to keep peace.



Find 5 poppies

cupcake liner
poppies



Send a photo of your makes to editor@keywordthnews.com for a chance to be featured on our Facebook page.

How does the ocean say hello?



Keyworth Cricket Club (1815-2021)

AWARD winners for the 2021 season were...

1st XI Player of the Year: ESSAN WARNER.
William Gunn 1st XI Batter of the Year: ESSAN WARNER
Rob Baker 1st XI Bowler of the Year: MACKENZIE SHEPHERD
1st XI Fielder of the Year: TOM RYDER
Alan Copson "6's" Trophy: ESSAN WARNER
Arthur Ford Best Batting Performance Trophy (Highest Score): ESSAN WARNER
Frank Palmer Outstanding Performance Trophy: GEORGI SUTTON-WALKER & ELEANOR OWEN
Best Bowling Performance Trophy: ESSAN WARNER
Chris Keeling Champagne Moment Trophy: AARON VIGGERS
Chairman's Club Person of the Year: JACQUI DAKIN
Royston & Lund Senior Spirit of Cricket Award: JONATHON LOWE
Eric Watson Best Supporter Trophy: MARKUS OWEN
Nottinghamshire CCC Volunteer Award: KEITH WILLIAMS

Women's 1st XI Player of the Year: GEORGI SUTTON-WALKER
Women's 1st XI Batter: GEORGI SUTTON-WALKER
Women's 1st XI Bowler: OLIVIA BAKER
Women's 1st XI Fielder: RUBY RANDALL
Women's 1st XI Best Batting Performance Trophy: GEORGI SUTTON-WALKER
Women's 1st XI Best Bowling Performance Trophy: NELLY WEAVER
Women's 1st XI Champagne Moment: FLORENCE CONN

2nd XI John Hartley Player of the Year: RICHARD WOOD
2nd XI Fred Greatorex Trophy Batter of the Year: MONTIE DOUGLAS
2nd XI Bowler: ETHAN GANGOTRA
2nd XI Fielder: JOSH RADMALL
2nd XI Champagne Moment: OWAIN TUDOR

Women's 2nd Team Player of the Year: NELLY WEAVER
Women's 2nd Team Batter: FLORENCE CONN
Women's 2nd Team Bowler: MABEL RHODES
Women's 2nd Team Fielder: JADE POPE
Women's 2nd Team Champagne Moment: VICTORIA BALL

Geoff Baker 3rd XI Player of Year: FIN BELSHAW
3rd XI Batter: ABDULLAH SAEED
3rd XI Bowler: FIN BELSHAW

3rd XI Fielder: JACK SEVERN
3rd XI Champagne Moment: NEIL HOPKINSON

Women's 3rd Team Player of the Year: IMOGEN BUNTING
Women's 3rd Team Batter: JENNY GARNHAM
Women's 3rd Team Bowler: ISABELLA BOWRY
Women's 3rd Team Fielder: LILLY BROOKES
Women's 3rd Team Most Improved: EVIE BARR

4th XI Player of Year: CHARLES MANKELOW
4th XI Batter: NEIL HOPKINSON

4th XI Bowler: DAVID LAVEN
4th XI Fielder: CHARLES MANKELOW
4th XI Champagne Moment: FREDDIE ORR

5th & Development XI Player of Year: CHARLIE POPE
5th & Development XI Batter: CHARLES MANKELOW
5th & Development XI Bowler: FINLEY BELSHAW
5th & Development XI Fielder: FREDDY NIX
5th & Development XI Champagne Moment: DAN GARNHAM
5th & Development XI Most Improved: ISAAC HERBISON

Women's Soft Ball First Lady Award: DEBBIE COX
Women's Soft Ball Players Player of the Year: DANUSIA EPHRAIM
Women's Soft Ball Batter: DANUSIA EPHRAIM
Women's Soft Ball Bowler: CANDY PHOENIX
Women's Soft Ball Fielder: JANE RUMMERY
Women's Soft Ball Champagne Moment: DAWN MUSTON
Women's Soft Ball Best Newcomer: FIONA OLIVER
Women's Soft Ball Most Improved: SUSIE BATESON

T20 Colts U19 Player of the Year: ESSAN WARNER
T20 Colts U17 Player of the Year: DAN FERRARO

Barry Baker Junior of the Year Trophy: DAN GARNHAM
Barry Baker Girl Player of the Year Shield: ANNIE WILLIAMS
John Cottee Junior Club Person of the Year Trophy: FREDDIE WATERLAND
Alan Morris Trophy Girl Most Sporting Player: EVIE BARR
Royston & Lund Junior Spirit of Cricket Award: JOSEPH GREASBY



Keyworth



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Saturday 4th December

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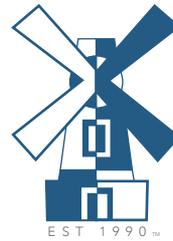
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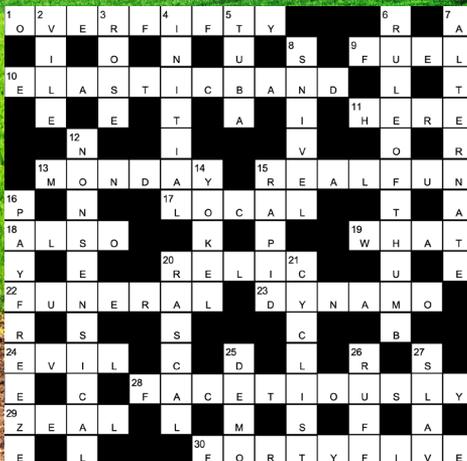
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